



13. Kristall-Marathon

Merkers / 17.02.2019

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Wiesner, Conny

□□: Muddi

□□: 843

□□: 42.25 km

Marathon

□□□□:

Seniorinnen W35 (35-39 Jahre)

□□□: 4:49:35

□□: 8.75 km/h

□□□□: 6:51 min/km

□□□□□/□□□: 167 (of 193)

□□□□□/□: 27 (of 32)

□□□□□□: 3:42:42

□□□□□: 6(of 6)

□□□□□□□: 3:42:42

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
□□ 1	3.25	21:14	6:31	6	5:13	30	6:51	3.25	21:14	6:31	6	5:13	30	6:51
□□ 2	3.25	20:25	6:16	6	4:15	25	4:35	6.50	41:39	6:24	6	9:28	27	11:26
□□ 3	3.25	20:40	6:21	6	4:30	26	4:37	9.75	1:02:19	6:23	6	13:58	25	16:03
□□ 4	3.25	20:53	6:25	6	4:27	24	4:27	13.00	1:23:12	6:24	6	18:25	25	20:09
□□ 5	3.25	23:03	7:05	6	6:28	31	6:28	16.25	1:46:15	6:32	6	24:53	28	25:20
□□ 6	3.25	21:12	6:31	6	4:22	24	4:22	19.50	2:07:27	6:32	6	29:15	27	29:15
□□ 7	3.25	22:01	6:46	6	5:06	26	5:06	22.75	2:29:28	6:34	6	34:21	27	34:21
□□ 8	3.25	22:12	6:49	5	4:54	23	4:54	26.00	2:51:40	6:36	6	39:15	27	39:15
□□ 9	3.25	22:26	6:54	5	4:44	22	4:44	29.25	3:14:06	6:38	6	43:59	27	43:59
□□ 10	3.25	23:24	7:11	6	5:23	25	5:23	32.50	3:37:30	6:41	6	49:22	27	49:22
□□ 11	3.25	24:20	7:29	6	6:11	27	6:37	35.75	4:01:50	6:45	6	55:31	27	55:31
□□ 12	3.25	24:23	7:30	6	6:02	27	6:45	39.00	4:26:13	6:49	6	1:01:33	28	1:01:33
□□□ □□	3.25	23:22	7:11	5	6:07	25	6:07	42.25	4:49:35	6:51	6	1:06:53	27	1:06:53