



# 13. Kristall-Marathon

Merkers / 17.02.2019

□□□□

Anken, Saskia

□□: OCR Würzburg

□□: 603

□□: 42.25 km

Marathon

□□□□:

Seniorinnen W30 (30-34 Jahre)

□□□: 4:51:13

□□: 8.65 km/h

□□□□: 6:53 min/km

□□□□□/□□□: 170 (of 193)

□□□□□/□: 28 (of 32)

□□□□□□: 3:42:42

□□□□□: 3(of 3)

□□□□□□□: 3:51:11

□□□□

□□□□

□□□

□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
□□ 1	3.25	16:41	5:08	2	0:52	6	2:18	3.25	16:41	5:08	2	0:52	6	2:18	
□□ 2	3.25	16:41	5:08	2	0:22	4	0:51	6.50	33:22	5:08	2	1:14	5	3:09	
□□ 3	3.25	17:41	5:26	2	1:08	6	1:38	9.75	51:03	5:14	2	2:22	5	4:47	
□□ 4	3.25	18:25	5:40	2	1:27	11	1:59	13.00	1:09:28	5:20	2	3:49	5	6:25	
□□ 5	3.25	19:19	5:56	2	2:09	12	2:44	16.25	1:28:47	5:27	2	5:58	5	7:52	
□□ 6	3.25	20:18	6:14	2	3:08	20	3:28	19.50	1:49:05	5:35	2	9:06	7	10:53	
□□ 7	3.25	21:19	6:33	2	3:58	22	4:24	22.75	2:10:24	5:43	2	13:04	10	15:17	
□□ 8	3.25	22:27	6:54	3	4:24	26	5:09	26.00	2:32:51	5:52	2	17:28	13	20:26	
□□ 9	3.25	23:51	7:20	3	4:47	28	6:09	29.25	2:56:42	6:02	2	22:15	15	26:35	
□□ 10	3.25	29:13	8:59	3	10:10	32	11:12	32.50	3:25:55	6:20	2	32:25	19	37:47	
□□ 11	3.25	28:01	8:37	3	9:28	32	10:18	35.75	3:53:56	6:32	2	41:53	24	47:37	
□□ 12	3.25	28:08	8:39	3	8:48	32	10:30	39.00	4:22:04	6:43	3	50:41	26	57:24	
□□□ □□	3.25	29:09	8:58	3	9:21	32	11:54	42.25	4:51:13	6:53	3	1:00:02	28	1:08:31	