



13. Kristall-Marathon

Merkers / 17.02.2019

□□□□

Reichart, Rolf-Achim

□□: Obertshausen

□□: 769

□□: 42.25 km

Marathon

□□□□:

Senioren M60 (60-64 Jahre)

□□□: 5:02:43

□□: 8.32 km/h

□□□□: 7:10 min/km

□□□□□/□□□□: 183 (of 193)

□□□□□/□: 152 (of 161)

□□□□□□: 2:49:28

□□□□□: 5(of 7)

□□□□□□□: 3:55:15

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
□□ 1	3.25	20:25	6:16	5	4:18	146	8:35	3.25	20:25	6:16	5	4:18	146	8:35	
□□ 2	3.25	20:29	6:18	5	3:55	146	8:02	6.50	40:54	6:17	5	7:33	150	16:37	
□□ 3	3.25	21:23	6:34	6	4:33	151	8:52	9.75	1:02:17	6:23	5	11:13	150	25:29	
□□ 4	3.25	21:03	6:28	5	3:52	144	8:18	13.00	1:23:20	6:24	5	15:05	149	33:47	
□□ 5	3.25	21:02	6:28	5	3:47	145	8:08	16.25	1:44:22	6:25	5	18:52	147	41:55	
□□ 6	3.25	21:21	6:34	5	3:43	140	21:20	19.50	2:05:43	6:26	5	22:35	147	52:06	
□□ 7	3.25	21:54	6:44	5	4:03	136	8:33	22.75	2:27:37	6:29	5	26:38	144	59:43	
□□ 8	3.25	23:02	7:05	5	5:04	143	23:01	26.00	2:50:39	6:33	5	31:42	144	1:22:44	
□□ 9	3.25	24:39	7:35	5	5:59	152	11:20	29.25	3:15:18	6:40	5	37:41	146	1:32:20	
□□ 10	3.25	26:07	8:02	5	7:12	151	12:40	32.50	3:41:25	6:48	5	44:53	148	1:42:34	
□□ 11	3.25	26:33	8:10	5	6:41	153	13:25	35.75	4:07:58	6:56	5	51:34	151	1:52:22	
□□ 12	3.25	27:53	8:34	6	8:43	156	14:40	39.00	4:35:51	7:04	5	1:00:17	152	2:02:59	
□□□ □□	3.25	26:52	8:16	6	7:11	145	13:47	42.25	5:02:43	7:09	5	1:07:28	152	2:13:15	