



# 16. Lorsch Triathlon

Lorsch / 11.08.2019

Team

Team 'Speedzicken'

Time: 1:17:50

Avg Speed: 19.66 km/h

Rank: 388

Distance: 25.50 km

Triathlonstaffel

Rank: 17 (of 31)

Time: 59:32

Rank:

Triathlon-Staffel

Rank: 17(of 31)

Time: 59:32

Summary

Summary

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Activity	km	Time	Avg Speed	Rank	Time	Rank	Time	km	Time	Avg Speed	Rank	Time	Rank	Time
Schwimmen nett	0.50	11:02	2.72	12	3:19	12	3:19	0.50	11:02	2.72	12	3:19	12	3:19
Wechsel S -> R	-	1:38	-	11	0:24	11	0:24	0.50	12:40	-	13	3:41	13	3:41
Kontrolle Rad	6.00	11:26	31.49	9	1:56	9	1:56	6.50	24:06	16.18	10	4:42	10	4:42
Kontrolle Rad	8.00	14:24	33.33	10	2:25	10	2:25	14.50	38:30	22.60	8	7:07	8	7:07
Rad Ziel	6.00	10:49	33.28	15	2:07	15	2:07	20.50	49:19	24.94	10	9:05	10	9:05
Wechsel R -> L	-	0:32	-	16	0:10	16	0:10	20.50	49:51	-	10	9:03	10	9:03
Kontrolle Lauf	2.40	12:39	11.38	22	4:30	22	4:30	22.90	1:02:30	21.98	14	12:51	14	12:51
Lauf Ziel	2.60	15:20	10.17	24	6:25	24	6:25	25.50	1:17:50	19.66	17	18:18	17	18:18