



16. Lorsche Triathlon

Lorsch / 11.08.2019

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Team 'Bräutigam, Schmerling & Kladek': 1:33:38

00: 16.02 km/h

00: 392

00: 25.50 km

Triathlonstaffel

00000: 29 (of 31)

000000: 59:32

0000:

Triathlon-Staffel

00000: 29(of 31)

0000000: 59:32

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| 000 | 00 | 00 | 00 | 00 | 00 | 00 | 00 | 000 | 000 | 000 | 00 | 00 | 00 | 00 |
|----------------|------|-------|-------|----|------|-----|------|-------|---------|-------|----|-------|-----|-------|
| | km | 00 | km/h | - | - | 000 | 000 | km | 00 | km/h | - | - | 000 | 000 |
| Schwimmen nett | 0.50 | 15:13 | 0.00 | 29 | 7:30 | 29 | 7:30 | 0.50 | 15:13 | 0.00 | 29 | 7:30 | 29 | 7:30 |
| Wechsel S -> R | - | 1:50 | - | 22 | 0:36 | 22 | 0:36 | 0.50 | 17:03 | - | 29 | 8:04 | 29 | 8:04 |
| Kontrolle Rad | 6.00 | 14:47 | 24.35 | 29 | 5:17 | 29 | 5:17 | 6.50 | 31:50 | 11.31 | 30 | 12:26 | 30 | 12:26 |
| Kontrolle Rad | 8.00 | 19:15 | 24.94 | 29 | 7:16 | 29 | 7:16 | 14.50 | 51:05 | 16.44 | 29 | 19:42 | 29 | 19:42 |
| Rad Ziel | 6.00 | 13:38 | 26.41 | 29 | 4:56 | 29 | 4:56 | 20.50 | 1:04:43 | 18.54 | 29 | 24:29 | 29 | 24:29 |
| Wechsel R -> L | - | 0:33 | - | 21 | 0:11 | 21 | 0:11 | 20.50 | 1:05:16 | - | 29 | 24:28 | 29 | 24:28 |
| Kontrolle Lauf | 2.40 | 13:11 | 9.10 | 24 | 5:02 | 24 | 5:02 | 22.90 | 1:18:27 | 16.83 | 30 | 28:48 | 30 | 28:48 |
| Lauf Ziel | 2.60 | 15:11 | 7.90 | 23 | 6:16 | 23 | 6:16 | 25.50 | 1:33:38 | 16.02 | 29 | 34:06 | 29 | 34:06 |