



# 16. Lorsch Triathlon

Lorsch / 11.08.2019

Team

Team 'Schulze-Ganzlin & Klingert'

Time: 1:07:30

Avg Speed: 22.22 km/h

Distance: 380

Distance: 25.50 km

Triathlonstaffel

Rank: 4 (of 31)

Time: 59:32

Staffel

Rank: 4 (of 31)

Triathlon-Staffel

Time: 59:32

Summary

Summary

Summary

Activity	km	Time	Avg Speed	Rank	Diff	Rank	Diff	km	Time	Avg Speed	Rank	Diff	Rank	Diff
Schwimmen nett	0.50	7:43	0.00	1	-	1	-	0.50	7:43	0.00	1	-	1	-
Wechsel S -> R	-	1:16	-	2	0:02	2	0:02	0.50	8:59	-	1	-	1	-
Kontrolle Rad	6.00	11:15	32.00	7	1:45	7	1:45	6.50	20:14	17.79	3	0:50	3	0:50
Kontrolle Rad	8.00	14:09	33.92	8	2:10	8	2:10	14.50	34:23	24.43	4	3:00	4	3:00
Rad Ziel	6.00	10:17	35.01	7	1:35	7	1:35	20.50	44:40	26.87	4	4:26	4	4:26
Wechsel R -> L	-	0:26	-	5	0:04	5	0:04	20.50	45:06	-	4	4:18	4	4:18
Kontrolle Lauf	2.40	10:48	11.11	11	2:39	11	2:39	22.90	55:54	23.61	4	6:15	4	6:15
Lauf Ziel	2.60	11:36	10.34	10	2:41	10	2:41	25.50	1:07:30	22.22	4	7:58	4	7:58