



16. Lorsch Triathlon

Lorsch / 11.08.2019

0000

Schmähl, Luca

000: 1:06:10

00: 227

00: 25.50 km

Lorsch Triathlon 0,5-20,0-5,0

0000:

männliche Jugend A (TM 16/17)

00000/000: 20 (of 353)

00000/0: 20 (of 269)

000000: 57:23

00000: 2(of 5)

0000000: 1:05:25

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0000

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000	00 km	00 00	00 min/km	00 -	00 -	00 0	00 0	000	000 km	000 00	000 min/km	00 -	00 -	00 0	00 0
Schwimmen nett	0.50	9:29	18:57	4	2:00	50	2:30	0.50	9:29	18:57	6	2:00	50	2:30	
Wechsel S -> R	-	1:28	-	1	-	4	0:12	0.50	10:57	21:53	6	1:03	24	2:42	
Schwimmen 000	0.50	10:57	21:53	6	1:03	24	2:42	0.50	10:57	21:53	6	1:03	24	2:42	
Kontrolle Rad	6.00	11:06	1:50	2	0:16	64	1:52	6.50	22:03	3:23	6	1:19	28	3:20	
Kontrolle Rad	8.00	13:59	1:44	2	0:44	101	2:12	14.50	36:02	2:29	6	2:03	267	4:27	
Rad Ziel	6.00	10:39	1:46	4	0:57	153	2:06	20.50	46:41	2:16	6	3:00	53	6:02	
Rad 0	20.00	35:44	1:47	1	26:02	1	27:11	20.50	46:41	2:16	6	3:00	53	6:02	
Wechsel R -> L	-	0:44	-	1	-	31	0:12	20.50	47:25	2:18	6	2:18	50	6:06	
Rad 000	20.00	36:28	1:49	3	1:15	88	6:03	20.50	47:25	2:18	6	2:18	50	6:06	
Kontrolle Lauf	2.40	9:05	3:47	1	-	9	1:15	22.90	56:30	2:28	6	1:32	23	7:21	
Lauf Ziel	2.60	9:40	3:43	1	-	10	1:26	25.50	1:06:10	2:35	2	0:45	20	8:47	
Lauf 000	5.00	18:45	3:45	1	-	11	2:41	25.50	1:06:10	2:35	2	0:45	20	8:47	