



16. Lorsch Triathlon

Lorsch / 11.08.2019

0000

Maurer, Philipp

000: 1:08:10

00: 250

00: 25.50 km

Lorsch Triathlon 0,5-20,0-5,0

0000:

männliche AK 1 (TM 20)

00000/000: 34 (of 353)

00000/0: 34 (of 269)

000000: 57:23

00000: 4(of 10)

0000000: 57:23

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000	00 km	00 00	00 min/km	00 -	00 -	00 0	00 0	000	000 km	000 00	000 min/km	00 -	00 -	00 0	00 0
Schwimmen nett	0.50	9:52	19:44	7	2:53	67	2:53	0.50	9:52	19:44	7	2:53	67	2:53	
Wechsel S -> R	-	1:54	-	4	0:38	26	0:38	0.50	11:46	23:32	6	3:31	48	3:31	
Schwimmen 000	0.50	11:46	23:32	6	3:31	48	3:31	0.50	11:46	23:32	6	3:31	48	3:31	
Kontrolle Rad	6.00	10:47	1:47	3	0:52	35	1:33	6.50	22:33	3:28	4	3:50	39	3:50	
Kontrolle Rad	8.00	13:26	1:40	3	1:13	50	1:39	14.50	35:59	2:28	4	4:20	267	4:24	
Rad Ziel	6.00	9:54	1:39	3	0:54	52	1:21	20.50	45:53	2:14	4	5:14	39	5:14	
Rad 0	20.00	34:07	1:42	1	25:07	1	25:34	20.50	45:53	2:14	4	5:14	39	5:14	
Wechsel R -> L	-	0:49	-	4	0:17	56	0:17	20.50	46:42	2:16	4	5:23	36	5:23	
Rad 000	20.00	34:56	1:44	3	3:08	37	4:31	20.50	46:42	2:16	4	5:23	36	5:23	
Kontrolle Lauf	2.40	10:24	4:20	4	2:34	41	2:34	22.90	57:06	2:29	4	7:57	35	7:57	
Lauf Ziel	2.60	11:04	4:15	3	2:50	46	2:50	25.50	1:08:10	2:40	4	10:47	34	10:47	
Lauf 000	5.00	21:28	4:17	3	5:24	45	5:24	25.50	1:08:10	2:40	4	10:47	34	10:47	