



16. Lorsche Triathlon

Lorsch / 11.08.2019

0000

Renner, Natalie

000: 1:15:34

00: TSG Grünstadt

00: 341

00: 25.50 km

Lorsche Triathlon 0,5-20,0-5,0

0000:

weibliche Junioren (TW18/19)

00000/000: 127 (of 353)

00000/0: 13 (of 84)

000000: 1:08:36

00000: 1(of 1)

0000000: 1:15:34

0000

0000

000

000	00 km	00 00	00 min/km	00 -	00 -	00 0	00 0	000 km	000 00	000 min/km	00 -	00 -	00 0	00 0
Schwimmen nett	0.50	10:17	20:33	1	-	17	1:05	0.50	10:17	20:33	1	-	85	1:05
Wechsel S -> R	-	1:57	-	1	-	4	0:18	0.50	12:14	24:27	1	-	85	1:06
Schwimmen 000	0.50	12:14	24:27	1	-	85	1:06	0.50	12:14	24:27	1	-	85	1:06
Kontrolle Rad	6.00	12:21	2:03	1	-	25	1:32	6.50	24:35	3:46	1	-	85	2:38
Kontrolle Rad	8.00	15:11	1:53	1	-	27	1:39	14.50	39:46	2:44	1	-	84	4:16
Rad Ziel	6.00	10:50	1:48	1	-	13	0:45	20.50	50:36	2:28	1	-	85	4:58
Rad 0	20.00	38:22	1:55	1	27:32	1	28:17	20.50	50:36	2:28	1	-	85	4:58
Wechsel R -> L	-	1:07	-	1	-	45	0:32	20.50	51:43	2:31	1	-	85	5:16
Rad 000	20.00	39:29	1:58	1	-	25	4:10	20.50	51:43	2:31	1	-	85	5:16
Kontrolle Lauf	2.40	11:43	4:52	1	-	14	1:48	22.90	1:03:26	2:46	1	-	85	6:09
Lauf Ziel	2.60	12:08	4:39	1	-	10	1:33	25.50	1:15:34	2:57	1	-	13	6:58
Lauf 000	5.00	23:51	4:46	1	-	11	3:09	25.50	1:15:34	2:57	1	-	13	6:58