



16. Lorsch Triathlon

Lorsch / 11.08.2019

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Behringer, Noelle

000: 1:09:10

00: 55

00: 25.50 km

Lorsch Triathlon 0,5-20,0-5,0

0000:

weibliche AK 2 (TW 25)

00000/000: 48 (of 353)

00000/0: 2 (of 84)

000000: 1:08:36

00000: 1(of 9)

0000000: 1:09:10

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
Schwimmen nett	0.50	9:15	18:30	1	-	2	0:03	0.50	9:15	18:30	1	-	2	0:03
Wechsel S -> R	-	2:14	-	4	0:12	16	0:35	0.50	11:29	22:57	10	0:03	5	0:21
Schwimmen 000	0.50	11:29	22:57	10	0:03	5	0:21	0.50	11:29	22:57	10	0:03	5	0:21
Kontrolle Rad	6.00	11:33	1:55	1	-	6	0:44	6.50	23:02	3:32	1	-	3	1:05
Kontrolle Rad	8.00	14:12	1:46	1	-	6	0:40	14.50	37:14	2:34	1	-	3	1:44
Rad Ziel	6.00	10:26	1:44	2	0:04	7	0:21	20.50	47:40	2:19	1	-	3	2:02
Rad 0	20.00	36:11	1:48	1	25:49	1	26:06	20.50	47:40	2:19	1	-	3	2:02
Wechsel R -> L	-	0:48	-	3	0:09	9	0:13	20.50	48:28	2:21	1	-	3	2:01
Rad 000	20.00	36:59	1:50	1	-	6	1:40	20.50	48:28	2:21	1	-	3	2:01
Kontrolle Lauf	2.40	10:07	4:12	1	-	3	0:12	22.90	58:35	2:33	1	-	2	1:18
Lauf Ziel	2.60	10:35	4:04	1	-	1	-	25.50	1:09:10	2:42	1	-	2	0:34
Lauf 000	5.00	20:42	4:08	1	-	1	-	25.50	1:09:10	2:42	1	-	2	0:34