



16. Lorsch Triathlon

Lorsch / 11.08.2019

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Bulski, Julia Camilla

000: 1:21:09

00: 105

00: 25.50 km

Lorsch Triathlon 0,5-20,0-5,0

0000:

weibliche AK 2 (TW 25)

00000/000: 221 (of 353)

00000/0: 35 (of 84)

000000: 1:08:36

00000: 6(of 9)

0000000: 1:09:10

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000	00 km	00 00	00 min/km	00 -	00 -	00 0	00 0	000	000 km	000 00	000 min/km	00 -	00 -	00 0	00 0
Schwimmen nett	0.50	11:42	23:23	8	2:27	39	2:30	0.50	11:42	23:23	8	2:27	39	2:30	
Wechsel S -> R	-	2:05	-	2	0:03	7	0:26	0.50	13:47	27:33	10	2:21	28	2:39	
Schwimmen 000	0.50	13:47	27:33	10	2:21	28	2:39	0.50	13:47	27:33	10	2:21	28	2:39	
Kontrolle Rad	6.00	12:11	2:01	4	0:38	20	1:22	6.50	25:58	3:59	6	2:56	25	4:01	
Kontrolle Rad	8.00	15:14	1:54	6	1:02	29	1:42	14.50	41:12	2:50	6	3:58	25	5:42	
Rad Ziel	6.00	11:14	1:52	6	0:52	31	1:09	20.50	52:26	2:33	6	4:46	27	6:48	
Rad 0	20.00	38:39	1:55	1	28:17	1	28:34	20.50	52:26	2:33	6	4:46	27	6:48	
Wechsel R -> L	-	0:44	-	2	0:05	5	0:09	20.50	53:10	2:35	6	4:42	23	6:43	
Rad 000	20.00	39:23	1:58	5	2:24	23	4:04	20.50	53:10	2:35	6	4:42	23	6:43	
Kontrolle Lauf	2.40	13:31	5:37	8	3:24	49	3:36	22.90	1:06:41	2:54	6	8:06	30	9:24	
Lauf Ziel	2.60	14:28	5:33	8	3:53	49	3:53	25.50	1:21:09	3:10	6	11:59	35	12:33	
Lauf 000	5.00	27:59	5:35	8	7:17	48	7:17	25.50	1:21:09	3:10	6	11:59	35	12:33	