



□□□□

Lüke, Iris

□□: USV Jena

□□□: 1:19:27

□□□□: 13:14 min/km

□□: 6.00 km / 18 □□

□□□□:

D35 (Damen ab 35)

□□□□□: 4(of 4)

□□□□□□□: 1:09:39

□□: 9:48

□□□□

| □□      | □□<br>□□ | □□<br>- | □□<br>- | □□<br>% | □□□<br>□□ | □□<br>- | □□<br>- | □□<br>% |
|---------|----------|---------|---------|---------|-----------|---------|---------|---------|
| 1 (41)  | 1:55     | 2       | 0:10    | 9.5     | 1:55      | 2       | 0:10    | 9.5     |
| 2 (48)  | 2:57     | 2       | 0:48    | 37.2    | 4:52      | 2       | 0:58    | 24.8    |
| 3 (61)  | 3:40     | 1       | -       | -       | 8:32      | 2       | 0:58    | 12.8    |
| 4 (62)  | 6:03     | 4       | 2:51    | 89.1    | 14:35     | 3       | 3:18    | 29.3    |
| 5 (65)  | 5:39     | 4       | 0:36    | 11.9    | 20:14     | 3       | 3:54    | 23.9    |
| 6 (80)  | 2:50     | 4       | 0:40    | 30.8    | 23:04     | 4       | 4:20    | 23.1    |
| 7 (76)  | 4:49     | 4       | 0:35    | 13.8    | 27:53     | 4       | 4:30    | 19.2    |
| 8 (75)  | 1:14     | 2       | 0:06    | 8.8     | 29:07     | 4       | 4:36    | 18.8    |
| 9 (77)  | 3:56     | 1       | -       | -       | 33:03     | 4       | 3:46    | 12.9    |
| 10 (78) | 1:43     | 1       | -       | -       | 34:46     | 3       | 3:37    | 11.6    |
| 11 (72) | 5:25     | 1       | -       | -       | 40:11     | 3       | 2:52    | 7.7     |
| 12 (67) | 15:15    | 4       | 2:33    | 20.1    | 55:26     | 4       | 5:25    | 10.8    |
| 13 (68) | 0:48     | 2       | 0:02    | 4.4     | 56:14     | 4       | 5:27    | 10.7    |
| 14 (58) | 7:55     | 4       | 3:56    | 98.7    | 1:04:09   | 4       | 9:23    | 17.1    |
| 15 (53) | 5:31     | 4       | 1:30    | 37.3    | 1:09:40   | 4       | 10:53   | 18.5    |
| 16 (44) | 3:11     | 2       | 0:05    | 2.7     | 1:12:51   | 4       | 9:43    | 15.4    |
| 17 (47) | 4:08     | 4       | 0:47    | 23.4    | 1:16:59   | 4       | 9:46    | 14.5    |
| 18 (99) | 2:16     | 3       | 0:11    | 8.8     | 1:19:15   | 4       | 9:57    | 14.4    |
| □□      | 0:12     | 1       | -       | -       | 1:19:27   | 4       | 9:48    | 14.1    |