



□□□□

Lüke, Iris

□□: USV Jena

□□□: 1:19:27

□□□□: 13:14 min/km

□□: 6.00 km / 18 □□

□□□□:

D35 (Damen ab 35)

□□□□□: 4(of 4)

□□□□□□□: 1:09:39

□□: 9:48

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1 (41)	1:55	2	0:10	9.5	1:55	2	0:10	9.5
2 (48)	2:57	2	0:48	37.2	4:52	2	0:58	24.8
3 (61)	3:40	1	-	-	8:32	2	0:58	12.8
4 (62)	6:03	4	2:51	89.1	14:35	3	3:18	29.3
5 (65)	5:39	4	0:36	11.9	20:14	3	3:54	23.9
6 (80)	2:50	4	0:40	30.8	23:04	4	4:20	23.1
7 (76)	4:49	4	0:35	13.8	27:53	4	4:30	19.2
8 (75)	1:14	2	0:06	8.8	29:07	4	4:36	18.8
9 (77)	3:56	1	-	-	33:03	4	3:46	12.9
10 (78)	1:43	1	-	-	34:46	3	3:37	11.6
11 (72)	5:25	1	-	-	40:11	3	2:52	7.7
12 (67)	15:15	4	2:33	20.1	55:26	4	5:25	10.8
13 (68)	0:48	2	0:02	4.4	56:14	4	5:27	10.7
14 (58)	7:55	4	3:56	98.7	1:04:09	4	9:23	17.1
15 (53)	5:31	4	1:30	37.3	1:09:40	4	10:53	18.5
16 (44)	3:11	2	0:05	2.7	1:12:51	4	9:43	15.4
17 (47)	4:08	4	0:47	23.4	1:16:59	4	9:46	14.5
18 (99)	2:16	3	0:11	8.8	1:19:15	4	9:57	14.4
□□	0:12	1	-	-	1:19:27	4	9:48	14.1