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Töpfer, Christian

□□: USV Jena

□□□: 1:17:14

□□□□: 9:25 min/km

□□: 8.20 km / 21 □□

□□□□:

H21 (Herren ab 21)

□□□□□: 5(of 8)

□□□□□□□: 55:11

□□: 22:03

□□□□

□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (56)	3:51	4	0:31	15.5	3:51	4	0:31	15.5
2 (60)	6:25	7	5:15	450.0	10:16	6	5:46	128.2
3 (76)	10:57	5	2:42	32.7	21:13	5	8:28	66.4
4 (74)	2:26	3	0:17	13.2	23:39	5	8:45	58.7
5 (73)	2:44	4	0:35	27.1	26:23	5	9:10	53.2
6 (72)	4:12	4	0:40	18.9	30:35	5	8:58	41.5
7 (71)	1:31	5	0:14	18.2	32:06	5	9:10	40.0
8 (78)	6:00	7	4:28	291.3	38:06	5	13:33	55.2
9 (79)	2:04	2	0:27	27.8	40:10	5	12:01	42.7
10 (80)	2:40	5	0:45	39.1	42:50	5	12:44	42.3
11 (65)	2:05	4	0:58	86.6	44:55	5	13:22	42.4
12 (70)	6:06	6	3:14	112.8	51:01	5	16:36	48.2
13 (67)	6:42	5	1:17	23.7	57:43	5	17:53	44.9
14 (68)	0:39	4	0:11	39.3	58:22	5	18:04	44.8
15 (58)	2:48	4	0:39	30.2	1:01:10	5	18:43	44.1
16 (62)	3:10	4	0:29	18.0	1:04:20	5	19:12	42.5
17 (48)	3:13	4	0:37	23.7	1:07:33	5	19:30	40.6
18 (41)	1:56	4	0:44	61.1	1:09:29	5	19:57	40.3
19 (44)	3:39	5	1:07	44.1	1:13:08	5	20:55	40.1
20 (47)	2:28	5	1:11	92.2	1:15:36	5	21:49	40.6
21 (99)	1:26	4	0:10	13.2	1:17:02	5	21:59	39.9
□□	0:12	6	0:04	50.0	1:17:14	5	22:03	40.0