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Sterzel, Robin

□□: ohne Verein

□□□: 1:52:40

□□□□: 13:44 min/km

□□: 8.20 km / 21 □□

□□□□:

H21 (Herren ab 21)

□□□□□: 7(of 8)

□□□□□□□: 55:11

□□: 57:29

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□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (56)	5:13	7	1:53	56.5	5:13	7	1:53	56.5
2 (60)	6:08	6	4:58	425.7	11:21	7	6:51	152.2
3 (76)	16:14	7	7:59	96.8	27:35	7	14:50	116.3
4 (74)	3:53	6	1:44	80.6	31:28	7	16:34	111.2
5 (73)	4:55	7	2:46	128.7	36:23	7	19:10	111.3
6 (72)	5:44	6	2:12	62.3	42:07	7	20:30	94.8
7 (71)	1:54	7	0:37	48.1	44:01	7	21:05	91.9
8 (78)	2:50	5	1:18	84.8	46:51	7	22:18	90.8
9 (79)	4:04	5	2:27	151.6	50:55	7	22:46	80.9
10 (80)	3:56	6	2:01	105.2	54:51	7	24:45	82.2
11 (65)	4:17	7	3:10	283.6	59:08	7	27:35	87.4
12 (70)	6:19	7	3:27	120.4	1:05:27	7	31:02	90.2
13 (67)	9:28	6	4:03	74.8	1:14:55	7	35:05	88.1
14 (68)	0:58	6	0:30	107.1	1:15:53	7	35:35	88.3
15 (58)	3:44	7	1:35	73.6	1:19:37	7	37:10	87.6
16 (62)	10:33	7	7:52	293.2	1:30:10	7	45:02	99.8
17 (48)	10:59	7	8:23	322.4	1:41:09	7	53:06	110.5
18 (41)	2:17	6	1:05	90.3	1:43:26	7	53:54	108.8
19 (44)	3:40	6	1:08	44.7	1:47:06	7	54:53	105.1
20 (47)	2:39	6	1:22	106.5	1:49:45	7	55:58	104.1
21 (99)	2:45	7	1:29	117.1	1:52:30	7	57:27	104.4
□□	0:10	3	0:02	25.0	1:52:40	7	57:29	104.2