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Elsner, Danny

□□: SV TU Ilmenau

□□□: 1:08:00

□□□□: 9:26 min/km

□□: 7.20 km / 20 □□

□□□□:

H35 (Herren ab 35)

□□□□□: 5(of 6)

□□□□□□: 58:04

□□: 9:56

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□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (61)	3:54	4	0:37	18.8	3:54	4	0:37	18.8
2 (58)	3:25	4	0:39	23.5	7:19	4	1:02	16.5
3 (68)	3:11	2	0:08	4.4	10:30	4	1:05	11.5
4 (67)	0:48	4	0:09	23.1	11:18	4	1:12	11.9
5 (69)	4:28	4	0:14	5.5	15:46	4	1:23	9.6
6 (66)	2:40	3	0:14	9.6	18:26	4	1:31	9.0
7 (79)	3:57	4	0:21	9.7	22:23	4	1:50	8.9
8 (78)	2:03	1	-	-	24:26	4	1:27	6.3
9 (71)	3:19	3	0:33	19.9	27:45	4	2:00	7.8
10 (72)	1:47	2	0:10	10.3	29:32	4	1:37	5.8
11 (73)	3:57	3	0:20	9.2	33:29	3	1:25	4.4
12 (74)	3:03	5	0:48	35.6	36:32	3	1:44	5.0
13 (75)	1:54	1	-	-	38:26	3	1:44	4.7
14 (76)	1:05	2	0:06	10.2	39:31	3	1:50	4.9
15 (60)	17:57	5	7:15	67.8	57:28	5	8:24	17.1
16 (56)	3:09	5	1:30	90.9	1:00:37	5	9:54	19.5
17 (55)	1:09	1	-	-	1:01:46	5	9:43	18.7
18 (44)	2:15	3	0:20	17.4	1:04:01	5	9:49	18.1
19 (46)	1:52	4	0:27	31.8	1:05:53	5	9:54	17.7
20 (99)	1:46	2	0:14	15.2	1:07:39	5	9:48	16.9
□□	0:21	6	0:11	110.0	1:08:00	5	9:56	17.1