



□□□□

Wolf, Tobias

□□: USV Jena

□□□: 1:01:40

□□□□: 9:04 min/km

□□: 6.80 km / 21 □□

□□□□:

H45 (Herren ab 45)

□□□□□: 3(of 12)

□□□□□□: 57:38

□□: 4:02

□□□□

□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (51)	2:14	3	0:13	10.7	2:14	3	0:13	10.7
2 (50)	1:16	2	0:06	8.6	3:30	2	0:19	10.0
3 (61)	2:00	3	0:26	27.7	5:30	2	0:45	15.8
4 (62)	2:33	2	0:04	2.7	8:03	1	-	-
5 (76)	9:24	3	1:02	12.4	17:27	3	0:48	4.8
6 (75)	0:58	4	0:09	18.4	18:25	3	0:57	5.4
7 (74)	2:32	4	0:32	26.7	20:57	3	1:10	5.9
8 (73)	5:07	7	2:16	79.5	26:04	3	3:20	14.7
9 (72)	4:59	3	0:29	10.7	31:03	3	3:49	14.0
10 (71)	1:39	2	0:14	16.5	32:42	3	2:57	9.9
11 (78)	1:54	2	0:09	8.6	34:36	3	3:03	9.7
12 (79)	1:53	1	-	-	36:29	3	2:30	7.4
13 (70)	2:15	3	0:12	9.8	38:44	3	2:42	7.5
14 (66)	2:20	4	0:34	32.1	41:04	3	3:16	8.6
15 (67)	6:30	3	0:58	17.5	47:34	3	3:43	8.5
16 (68)	0:48	7	0:08	20.0	48:22	3	3:48	8.5
17 (58)	3:25	5	0:33	19.2	51:47	3	4:19	9.1
18 (56)	2:09	2	0:17	15.2	53:56	3	4:36	9.3
19 (53)	2:01	1	-	-	55:57	3	3:52	7.4
20 (46)	3:30	1	-	-	59:27	3	3:43	6.7
21 (99)	2:02	6	0:18	17.3	1:01:29	3	4:01	7.0
□□	0:11	2	0:01	10.0	1:01:40	3	4:02	7.0