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Hoppe, Mirko

□□: USV Jena

□□□: 1:09:07

□□□□: 10:09 min/km

□□: 6.80 km / 21 □□

□□□□:

H45 (Herren ab 45)

□□□□□: 4(of 12)

□□□□□□: 57:38

□□: 11:29

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□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (51)	2:13	2	0:12	9.9	2:13	2	0:12	9.9
2 (50)	1:28	3	0:18	25.7	3:41	3	0:30	15.7
3 (61)	2:03	4	0:29	30.9	5:44	3	0:59	20.7
4 (62)	3:11	4	0:42	28.2	8:55	4	0:52	10.8
5 (76)	10:32	4	2:10	25.9	19:27	4	2:48	16.8
6 (75)	1:00	5	0:11	22.5	20:27	4	2:59	17.1
7 (74)	2:54	8	0:54	45.0	23:21	4	3:34	18.0
8 (73)	5:30	9	2:39	93.0	28:51	5	6:07	26.9
9 (72)	5:35	5	1:05	24.1	34:26	5	7:12	26.4
10 (71)	1:25	1	-	-	35:51	4	6:06	20.5
11 (78)	2:14	4	0:29	27.6	38:05	4	6:32	20.7
12 (79)	2:19	3	0:26	23.0	40:24	4	6:25	18.9
13 (70)	2:28	4	0:25	20.3	42:52	4	6:50	19.0
14 (66)	2:13	3	0:27	25.5	45:05	4	7:17	19.3
15 (67)	7:59	5	2:27	44.3	53:04	4	9:13	21.0
16 (68)	0:44	6	0:04	10.0	53:48	4	9:14	20.7
17 (58)	3:26	6	0:34	19.8	57:14	4	9:46	20.6
18 (56)	2:45	6	0:53	47.3	59:59	4	10:39	21.6
19 (53)	2:09	3	0:08	6.6	1:02:08	4	10:03	19.3
20 (46)	4:50	5	1:20	38.1	1:06:58	4	11:14	20.2
21 (99)	1:58	5	0:14	13.5	1:08:56	4	11:28	20.0
□□	0:11	2	0:01	10.0	1:09:07	4	11:29	19.9