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Pöhlmann, Lutz

□□: USV Jena

□□: 6.80 km / 21 □□

□□□□:

H45 (Herren ab 45)

□□□□□: MP(of 12)

□□□□□□□: 57:38

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1 (51)	4:56	11	2:55	144.6	4:56	11	2:55	144.6
2 (50)	2:09	11	0:59	84.3	7:05	11	3:54	122.5
3 (61)	3:05	10	1:31	96.8	10:10	10	5:25	114.0
4 (62)	15:35	11	13:06	527.5	25:45	11	17:42	219.9
5 (76)	15:57	8	7:35	90.6	41:42	11	25:03	150.5
6 (75)	2:41	11	1:52	228.6	44:23	11	26:55	154.1
7 (74)	8:27	11	6:27	322.5	52:50	11	33:03	167.1
8 (73)	7:03	10	4:12	147.4	59:53	11	37:09	163.4
9 (72)	7:21	9	2:51	63.3	1:07:14	11	40:00	146.9
10 (71)	11:55	11	10:30	741.2	1:19:09	11	49:24	166.1
11 (78)	5:38	10	3:53	221.9	1:24:47	11	53:14	168.7
12 (79)	3:54	8	2:01	107.1	1:28:41	11	54:42	161.0
13 (70)	3:58	10	1:55	93.5	1:32:39	11	56:37	157.1
14 (66)	4:06	11	2:20	132.1	1:36:45	11	58:57	156.0
15 (67)	21:10	11	15:38	282.5	1:57:55	11	1:14:04	168.9
16 (68)	1:52	11	1:12	180.0	1:59:47	11	1:15:13	168.8
17 (58)	4:29	10	1:37	56.4	2:04:16	11	1:16:48	161.8
18 (56)	4:20	11	2:28	132.1	2:08:36	11	1:19:16	160.7
19 (53)	6:44	11	4:43	233.9	2:15:20	11	1:23:15	159.8
20 (46)	7:48	11	4:18	122.9	2:23:08	11	1:27:24	156.8
21 (99)	□□!	-	-	-				
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