



□□□□

Günther, Egbert

□□: ohne Verein

□□□: 1:05:34

□□□□: 10:55 min/km

□□: 6.00 km / 18 □□

□□□□:

H55 (Herren ab 55)

□□□□□: 3(of 12)

□□□□□□: 59:18

□□: 6:16

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□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (41)	1:33	3	0:14	17.7	1:33	3	0:14	17.7
2 (48)	2:32	7	0:37	32.2	4:05	3	0:41	20.1
3 (61)	3:07	4	0:19	11.3	7:12	3	1:00	16.1
4 (62)	2:25	1	-	-	9:37	2	0:10	1.8
5 (65)	4:31	4	0:21	8.4	14:08	2	0:31	3.8
6 (80)	2:08	7	0:24	23.1	16:16	3	0:55	6.0
7 (76)	9:03	11	5:12	135.1	25:19	8	6:05	31.6
8 (75)	0:53	1	-	-	26:12	6	5:52	28.9
9 (77)	3:59	6	0:17	7.7	30:11	6	5:55	24.4
10 (78)	1:23	3	0:11	15.3	31:34	6	5:57	23.2
11 (72)	5:30	4	0:52	18.7	37:04	6	6:49	22.5
12 (67)	10:47	3	0:38	6.2	47:51	4	6:18	15.2
13 (68)	1:07	7	0:25	59.5	48:58	4	6:37	15.6
14 (58)	3:42	7	0:30	15.6	52:40	4	7:02	15.4
15 (53)	4:01	4	0:36	17.6	56:41	4	5:29	10.7
16 (44)	3:58	9	1:16	46.9	1:00:39	4	6:45	12.5
17 (47)	3:11	4	0:47	32.6	1:03:50	4	6:32	11.4
18 (99)	1:30	1	-	-	1:05:20	3	6:14	10.6
□□	0:14	5	0:02	16.7	1:05:34	3	6:16	10.6