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Kretzschmar, Frank

□□: OLV Weimar

□□□: 1:28:25

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H55 (Herren ab 55)

□□□□□: 9(of 12)

□□□□□□: 59:18

□□: 29:07

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|---------|----------|---------|---------|---------|-----------|---------|---------|---------|
| 1 (41)  | 2:24     | 10      | 1:05    | 82.3    | 2:24      | 10      | 1:05    | 82.3    |
| 2 (48)  | 5:56     | 11      | 4:01    | 209.6   | 8:20      | 11      | 4:56    | 145.1   |
| 3 (61)  | 4:31     | 10      | 1:43    | 61.3    | 12:51     | 11      | 6:39    | 107.3   |
| 4 (62)  | 3:31     | 7       | 1:06    | 45.5    | 16:22     | 9       | 6:55    | 73.2    |
| 5 (65)  | 6:39     | 11      | 2:29    | 59.6    | 23:01     | 10      | 9:24    | 69.0    |
| 6 (80)  | 2:39     | 11      | 0:55    | 52.9    | 25:40     | 10      | 10:19   | 67.2    |
| 7 (76)  | 7:08     | 10      | 3:17    | 85.3    | 32:48     | 10      | 13:34   | 70.5    |
| 8 (75)  | 1:56     | 11      | 1:03    | 118.9   | 34:44     | 10      | 14:24   | 70.8    |
| 9 (77)  | 5:27     | 11      | 1:45    | 47.3    | 40:11     | 10      | 15:55   | 65.6    |
| 10 (78) | 2:02     | 11      | 0:50    | 69.4    | 42:13     | 10      | 16:36   | 64.8    |
| 11 (72) | 7:18     | 9       | 2:40    | 57.6    | 49:31     | 10      | 19:16   | 63.7    |
| 12 (67) | 15:30    | 11      | 5:21    | 52.7    | 1:05:01   | 10      | 23:28   | 56.5    |
| 13 (68) | 1:10     | 10      | 0:28    | 66.7    | 1:06:11   | 10      | 23:50   | 56.3    |
| 14 (58) | 5:20     | 11      | 2:08    | 66.7    | 1:11:31   | 10      | 25:53   | 56.7    |
| 15 (53) | 5:38     | 11      | 2:13    | 64.9    | 1:17:09   | 10      | 25:57   | 50.7    |
| 16 (44) | 4:29     | 11      | 1:47    | 66.1    | 1:21:38   | 10      | 27:44   | 51.5    |
| 17 (47) | 3:34     | 7       | 1:10    | 48.6    | 1:25:12   | 10      | 27:54   | 48.7    |
| 18 (99) | 2:54     | 10      | 1:24    | 93.3    | 1:28:06   | 9       | 29:00   | 49.1    |
| □□      | 0:19     | 10      | 0:07    | 58.3    | 1:28:25   | 9       | 29:07   | 49.1    |