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Pocher, Nina

□□: USV Jena

□□□: 1:25:57

□□□□: 16:51 min/km

□□: 5.10 km / 16 □□

□□□□:

D16 (Damen bis 16)

□□□□□: 3(of 4)

□□□□□□□: 1:18:56

□□: 7:01

□□□□

□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (43)	1:40	2	0:29	40.9	1:40	2	0:29	40.9
2 (55)	6:31	4	2:03	45.9	8:11	4	1:23	20.3
3 (56)	5:25	4	2:51	111.0	13:36	4	3:36	36.0
4 (61)	10:24	4	5:14	101.3	24:00	4	8:50	58.2
5 (50)	3:00	3	0:31	20.8	27:00	4	8:01	42.2
6 (63)	4:22	2	1:06	33.7	31:22	4	6:07	24.2
7 (64)	5:14	4	2:17	77.4	36:36	4	8:06	28.4
8 (65)	6:05	3	3:18	118.6	42:41	3	11:16	35.9
9 (79)	7:18	4	0:44	11.2	49:59	3	11:53	31.2
10 (70)	4:45	4	1:40	54.1	54:44	3	13:33	32.9
11 (69)	5:57	1	-	-	1:00:41	3	12:04	24.8
12 (67)	6:47	2	0:06	1.5	1:07:28	3	11:32	20.6
13 (68)	0:59	1	-	-	1:08:27	3	10:44	18.6
14 (53)	8:29	2	0:21	4.3	1:16:56	3	7:47	11.3
15 (47)	7:02	1	-	-	1:23:58	3	7:12	9.4
16 (99)	1:47	1	-	-	1:25:45	3	7:02	8.9
□□	0:12	1	-	-	1:25:57	3	7:01	8.9