



21. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 22.06.2019

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TEAM TEAG Thüringer Energie

□□□: 15:03:21

□□: 240

□□: 11.16 km/h

□□□□: 5:21 min/km

□□: 168.97 km

Hörschel-Blankenstein

□□□□□: 77 (of 225)

□□□□□□: 10:38:22

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□□□□□: 61(of 147)

Männerstaffel

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	km	□□	min/km	-	-	□□□	□□□	km	□□	min/km	-	-	□□□	□□□
Hohe Sonne	15.02	1:13:19	4:52	46	21:22	68	21:22	15.02	1:13:19	4:52	46	21:22	68	21:22
Kleiner Inselsber	18.94	1:46:17	5:36	80	30:05	109	30:05	33.96	2:59:36	5:17	58	49:55	78	49:55
Neue Ausspanne	13.90	1:40:47	7:15	143	53:33	215	53:33	47.86	4:40:23	5:51	130	1:43:28	180	1:43:28
Grenzadler	13.68	1:09:33	5:05	46	16:30	53	16:30	61.54	5:49:56	5:41	106	1:59:58	135	1:59:58
Allzunah	19.96	1:33:53	4:42	42	19:52	51	21:26	81.50	7:23:49	5:26	79	2:15:41	98	2:15:41
Masserberg	17.89	1:35:11	5:19	55	29:20	72	32:14	99.39	8:59:00	5:25	72	2:43:00	89	2:43:00
Neuhaus	19.86	1:43:39	5:13	62	27:51	88	33:17	119.25	10:42:39	5:23	67	3:03:26	82	3:03:26
Schildwiese	13.54	1:11:22	5:16	70	29:44	90	29:44	132.79	11:54:01	5:22	63	3:25:54	77	3:25:54
Grumbach	18.58	1:42:59	5:32	110	37:45	154	37:45	151.37	13:37:00	5:23	70	4:03:25	85	4:03:25
Blankenstein	17.60	1:26:21	4:54	60	22:37	76	22:37	168.97	15:03:21	5:20	61	4:24:59	77	4:24:59