



21. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 22.06.2019

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BROS Schnepfenthal

□□□: 15:36:37

□□: 254

□□: 10.76 km/h

□□□□: 5:32 min/km

□□: 168.97 km

Hörschel-Blankenstein

□□□□□: 116 (of 225)

□□□□□□: 10:38:22

□□□□:

□□□□□: 95(of 147)

Männerstaffel

□□□□□□□: 10:38:22

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hohe Sonne	15.02	1:14:37	4:58	58	22:40	83	22:40	15.02	1:14:37	4:58	58	22:40	83	22:40
Kleiner Inselsber	18.94	1:52:41	5:56	114	36:29	158	36:29	33.96	3:07:18	5:30	87	57:37	120	57:37
Neue Ausspanne	13.90	1:18:37	5:39	96	31:23	118	31:23	47.86	4:25:55	5:33	89	1:29:00	119	1:29:00
Grenzadler	13.68	1:13:20	5:21	66	20:17	81	20:17	61.54	5:39:15	5:30	81	1:49:17	102	1:49:17
Allzunah	19.96	1:45:23	5:16	93	31:22	126	32:56	81.50	7:24:38	5:27	84	2:16:30	104	2:16:30
Masserberg	17.89	1:41:22	5:39	82	35:31	107	38:25	99.39	9:06:00	5:29	84	2:50:00	102	2:50:00
Neuhaus	19.86	1:39:29	5:00	38	23:41	55	29:07	119.25	10:45:29	5:24	69	3:06:16	85	3:06:16
Schildwiese	13.54	1:09:23	5:07	55	27:45	71	27:45	132.79	11:54:52	5:23	65	3:26:45	79	3:26:45
Grumbach	18.58	1:41:08	5:26	100	35:54	138	35:54	151.37	13:36:00	5:23	68	4:02:25	83	4:02:25
Blankenstein	17.60	2:00:37	6:51	142	56:53	213	56:53	168.97	15:36:37	5:32	95	4:58:15	116	4:58:15