



21. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 22.06.2019

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Sport Jeel Shooting Stars

□□□: 12:09:05

□□: 251

□□: 13.83 km/h

□□□□: 4:19 min/km

□□: 168.97 km

Hörschel-Blankenstein

□□□□□: 10 (of 225)

□□□□□□: 10:38:22

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□□□□□: 9(of 147)

Männerstaffel

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| □□□ | □□ km | □□ □□ | □□ min/km | □□ - | □□ - | □□ □□□ | □□ □□□ | □□□ | □□□ | □□□ | □□ - | □□ - | □□ □□□ | □□ □□□ |
|-------------------|----------|----------|--------------|---------|---------|-----------|-----------|--------|----------|------|---------|---------|-----------|-----------|
| Hohe Sonne | 15.02 | 1:00:29 | 4:01 | 7 | 8:32 | 7 | 8:32 | 15.02 | 1:00:29 | 4:01 | 7 | 8:32 | 7 | 8:32 |
| Kleiner Inselsber | 18.94 | 1:30:23 | 4:46 | 13 | 14:11 | 18 | 14:11 | 33.96 | 2:30:52 | 4:26 | 11 | 21:11 | 13 | 21:11 |
| Neue Ausspanne | 13.90 | 56:34 | 4:04 | 9 | 9:20 | 9 | 9:20 | 47.86 | 3:27:26 | 4:20 | 8 | 30:31 | 8 | 30:31 |
| Grenzadler | 13.68 | 59:40 | 4:21 | 9 | 6:37 | 9 | 6:37 | 61.54 | 4:27:06 | 4:20 | 8 | 37:08 | 8 | 37:08 |
| Allzunah | 19.96 | 1:20:03 | 4:00 | 7 | 6:02 | 10 | 7:36 | 81.50 | 5:47:09 | 4:15 | 7 | 39:01 | 7 | 39:01 |
| Masserberg | 17.89 | 1:19:51 | 4:27 | 18 | 14:00 | 23 | 16:54 | 99.39 | 7:07:00 | 4:17 | 7 | 51:00 | 7 | 51:00 |
| Neuhaus | 19.86 | 1:21:11 | 4:05 | 5 | 5:23 | 8 | 10:49 | 119.25 | 8:28:11 | 4:15 | 7 | 48:58 | 7 | 48:58 |
| Schildwiese | 13.54 | 55:48 | 4:07 | 11 | 14:10 | 11 | 14:10 | 132.79 | 9:23:59 | 4:14 | 6 | 55:52 | 6 | 55:52 |
| Grumbach | 18.58 | 1:25:28 | 4:35 | 27 | 20:14 | 40 | 20:14 | 151.37 | 10:49:27 | 4:17 | 9 | 1:15:52 | 10 | 1:15:52 |
| Blankenstein | 17.60 | 1:19:38 | 4:31 | 32 | 15:54 | 39 | 15:54 | 168.97 | 12:09:05 | 4:18 | 9 | 1:30:43 | 10 | 1:30:43 |