



21. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 22.06.2019

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Chaosteam

□□□: 15:36:12

□□: 202

□□: 10.77 km/h

□□□□: 5:32 min/km

□□: 168.97 km

Hörschel-Blankenstein

□□□□□: 115 (of 225)

□□□□□□: 10:38:22

□□□□:

□□□□□: 94(of 147)

Männerstaffel

□□□□□□□: 10:38:22

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□□□	□□ km	□□ □□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□	□□	□□	□□	□□
Hohe Sonne	15.02	1:11:17	4:44	35	19:20	48	19:20	15.02	1:11:17	4:44	35	19:20	48	19:20
Kleiner Inselfber	18.94	2:04:05	6:33	135	47:53	197	47:53	33.96	3:15:22	5:45	120	1:05:41	164	1:05:41
Neue Ausspanne	13.90	1:22:51	5:57	113	35:37	153	35:37	47.86	4:38:13	5:48	126	1:41:18	174	1:41:18
Grenzadler	13.68	1:18:20	5:43	96	25:17	124	25:17	61.54	5:56:33	5:47	123	2:06:35	159	2:06:35
Allzunah	19.96	1:48:14	5:25	102	34:13	143	35:47	81.50	7:44:47	5:42	121	2:36:39	154	2:36:39
Masserberg	17.89	1:45:13	5:52	100	39:22	132	42:16	99.39	9:30:00	5:44	114	3:14:00	143	3:14:00
Neuhaus	19.86	2:01:58	6:08	124	46:10	182	51:36	119.25	11:31:58	5:48	122	3:52:45	162	3:52:45
Schildwiese	13.54	1:07:48	5:00	47	26:10	60	26:10	132.79	12:39:46	5:43	110	4:11:39	143	4:11:39
Grumbach	18.58	1:05:14	3:30	1	-	1	-	151.37	13:45:00	5:27	79	4:11:25	96	4:11:25
Blankenstein	17.60	1:51:12	6:19	138	47:28	200	47:28	168.97	15:36:12	5:32	94	4:57:50	115	4:57:50