



21. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 22.06.2019

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Breuni II

□□□: 17:39:37

□□: 513

□□: 9.51 km/h
□□□□: 6:16 min/km

□□: 168.97 km
Hörschel-Blankenstein

□□□□□: 218 (of 225)

□□□□□□: 10:38:22

□□□□:

□□□□□: 63(of 66)

Mixstaffel

□□□□□□□: 11:54:56

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□□□

□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hohe Sonne	15.02	1:27:40	5:50	50	26:27	186	35:43	15.02	1:27:40	5:50	50	26:27	222	35:43
Kleiner Inselsber	18.94	1:49:58	5:48	31	26:21	135	33:46	33.96	3:17:38	5:49	43	50:39	222	1:07:57
Neue Ausspanne	13.90	1:19:27	5:42	19	14:27	123	32:13	47.86	4:37:05	5:47	40	1:04:49	225	1:40:10
Grenzadler	13.68	1:20:40	5:53	29	17:34	138	27:37	61.54	5:57:45	5:48	34	1:15:28	225	2:07:47
Allzunah	19.96	1:57:07	5:52	46	44:40	179	44:40	81.50	7:54:52	5:49	38	1:56:48	223	2:46:44
Masserberg	17.89	1:59:08	6:39	50	56:11	196	56:11	99.39	9:54:00	5:58	44	2:37:00	225	3:38:00
Neuhaus	19.86	2:03:23	6:12	53	53:01	186	53:01	119.25	11:57:23	6:00	52	3:29:08	225	4:18:10
Schildwiese	13.54	1:32:07	6:48	61	30:47	213	50:29	132.79	13:29:30	6:05	54	3:59:49	225	5:01:23
Grumbach	18.58	1:57:30	6:19	59	47:48	207	52:16	151.37	15:27:00	6:07	57	4:47:37	225	5:53:25
Blankenstein	17.60	2:12:37	7:32	65	59:08	219	1:08:53	168.97	17:39:37	6:16	63	5:44:41	218	7:01:15