



21. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 22.06.2019

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1. Sühler Laufkollektiv

□□□: 17:04:54

□□: 558

□□: 9.84 km/h

□□□□: 6:04 min/km

□□: 168.97 km

Hörschel-Blankenstein

□□□□□: 205 (of 225)

□□□□□□: 10:38:22

□□□□:

□□□□□: 55(of 66)

Mixstaffel

□□□□□□□: 11:54:56

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□□□	□□ km	□□ □□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□	□□	□□	□□	□□
Hohe Sonne	15.02	1:16:40	5:06	25	15:27	105	24:43	15.02	1:16:40	5:06	25	15:27	222	24:43
Kleiner Inselsber	18.94	1:52:50	5:57	40	29:13	159	36:38	33.96	3:09:30	5:34	33	42:31	222	59:49
Neue Ausspanne	13.90	1:26:17	6:12	44	21:17	180	39:03	47.86	4:35:47	5:45	37	1:03:31	225	1:38:52
Grenzadler	13.68	1:26:39	6:20	48	23:33	183	33:36	61.54	6:02:26	5:53	43	1:20:09	225	2:12:28
Allzunah	19.96	1:44:32	5:14	26	32:05	120	32:05	81.50	7:46:58	5:43	30	1:48:54	223	2:38:50
Masserberg	17.89	2:05:02	6:59	57	1:02:05	209	1:02:05	99.39	9:52:00	5:57	40	2:35:00	225	3:36:00
Neuhaus	19.86	2:08:40	6:28	61	58:18	205	58:18	119.25	12:00:40	6:02	53	3:32:25	225	4:21:27
Schildwiese	13.54	1:21:26	6:00	43	20:06	169	39:48	132.79	13:22:06	6:02	53	3:52:25	225	4:53:59
Grumbach	18.58	2:09:54	6:59	65	1:00:12	222	1:04:40	151.37	15:32:00	6:09	59	4:52:37	225	5:58:25
Blankenstein	17.60	1:32:54	5:16	23	19:25	109	29:10	168.97	17:04:54	6:03	55	5:09:58	205	6:26:32