



21. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 22.06.2019

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Breuni Sports

□□□: 17:06:19

□□: 7

□□: 9.82 km/h

□□□□: 6:04 min/km

□□: 168.97 km

Hörschel-Blankenstein

□□□□□: 208 (of 225)

□□□□□□: 10:38:22

□□□□:

□□□□□: 9(of 12)

Frauenstaffel

□□□□□□□: 12:46:06

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hohe Sonne	15.02	1:29:08	5:56	7	24:29	192	37:11	15.02	1:29:08	5:56	7	24:29	222	37:11
Kleiner Inselsber	18.94	2:07:31	6:43	8	40:10	204	51:19	33.96	3:36:39	6:22	8	54:56	207	1:26:58
Neue Ausspanne	13.90	1:19:55	5:44	6	21:04	128	32:41	47.86	4:56:34	6:11	7	1:15:57	225	1:59:39
Grenzadler	13.68	1:26:14	6:18	11	24:40	180	33:11	61.54	6:22:48	6:13	8	1:36:14	225	2:32:50
Allzunah	19.96	2:11:31	6:35	11	43:46	216	59:04	81.50	8:34:19	6:18	9	2:20:00	223	3:26:11
Masserberg	17.89	1:51:41	6:14	8	29:00	170	48:44	99.39	10:26:00	6:17	7	2:49:00	225	4:10:00
Neuhaus	19.86	2:09:34	6:31	10	35:26	206	59:12	119.25	12:35:34	6:20	9	3:24:26	225	4:56:21
Schildwiese	13.54	1:22:31	6:05	10	24:26	177	40:53	132.79	13:58:05	6:18	9	3:48:52	225	5:29:58
Grumbach	18.58	1:37:55	5:16	5	17:19	116	32:41	151.37	15:36:00	6:11	9	4:05:20	225	6:02:25
Blankenstein	17.60	1:30:19	5:07	4	14:53	94	26:35	168.97	17:06:19	6:04	9	4:20:13	208	6:27:57