



21. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 22.06.2019

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Narrenstaffel 2

□□□: 18:28:11

□□: 500

□□: 9.10 km/h
□□□□: 6:34 min/km

□□: 168.97 km
Hörschel-Blankenstein

□□□□□: 222 (of 225)

□□□□□□: 10:38:22

□□□□:

□□□□□: 64(of 66)

Mixstaffel

□□□□□□□: 11:54:56

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□□□□

□□□

□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hohe Sonne	15.02	1:50:10	7:20	64	48:57	221	58:13	15.02	1:50:10	7:20	64	48:57	222	58:13
Kleiner Inselsber	18.94	2:16:43	7:13	61	53:06	216	1:00:31	33.96	4:06:53	7:16	64	1:39:54	222	1:57:12
Neue Ausspanne	13.90	1:22:47	5:57	33	17:47	152	35:33	47.86	5:29:40	6:53	64	1:57:24	225	2:32:45
Grenzadler	13.68	1:34:03	6:52	58	30:57	208	41:00	61.54	7:03:43	6:53	65	2:21:26	225	3:13:45
Allzunah	19.96	2:08:58	6:27	58	56:31	210	56:31	81.50	9:12:41	6:46	63	3:14:37	223	4:04:33
Masserberg	17.89	1:42:42	5:44	26	39:45	119	39:45	99.39	10:55:23	6:35	64	3:38:23	225	4:39:23
Neuhaus	19.86	2:04:48	6:17	59	54:26	196	54:26	119.25	13:00:11	6:32	64	4:31:56	225	5:20:58
Schildwiese	13.54	1:29:33	6:36	59	28:13	207	47:55	132.79	14:29:44	6:32	64	5:00:03	225	6:01:37
Grumbach	18.58	1:58:16	6:21	60	48:34	210	53:02	151.37	16:28:00	6:31	64	5:48:37	225	6:54:25
Blankenstein	17.60	2:00:11	6:49	60	46:42	211	56:27	168.97	18:28:11	6:33	64	6:33:15	222	7:49:49