



21. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 22.06.2019

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Torpedo Alfredo

□□□: 18:32:33

□□: 523

□□: 9.06 km/h

□□□□: 6:35 min/km

□□: 168.97 km

Hörschel-Blankenstein

□□□□□: 223 (of 225)

□□□□□□: 10:38:22

□□□□:

□□□□□: 65(of 66)

Mixstaffel

□□□□□□□: 11:54:56

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□□□□

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□□□	□□ km	□□ □□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□	□□	□□	□□	
Hohe Sonne	15.02	1:42:17	6:48	63	41:04	219	50:20	15.02	1:42:17	6:48	63	41:04	222	50:20
Kleiner Inselsber	18.94	2:10:41	6:53	58	47:04	209	54:29	33.96	3:52:58	6:51	61	1:25:59	222	1:43:17
Neue Ausspanne	13.90	1:36:03	6:54	58	31:03	207	48:49	47.86	5:29:01	6:52	63	1:56:45	225	2:32:06
Grenzadler	13.68	1:29:50	6:34	51	26:44	195	36:47	61.54	6:58:51	6:48	64	2:16:34	225	3:08:53
Allzunah	19.96	1:41:37	5:05	20	29:10	97	29:10	81.50	8:40:28	6:23	60	2:42:24	223	3:32:20
Masserberg	17.89	2:20:06	7:49	63	1:17:09	221	1:17:09	99.39	11:00:34	6:38	65	3:43:34	225	4:44:34
Neuhaus	19.86	2:07:36	6:25	60	57:14	202	57:14	119.25	13:08:10	6:36	65	4:39:55	225	5:28:57
Schildwiese	13.54	1:33:50	6:55	63	32:30	217	52:12	132.79	14:42:00	6:38	65	5:12:19	225	6:13:53
Grumbach	18.58	1:56:00	6:14	57	46:18	203	50:46	151.37	16:38:00	6:35	66	5:58:37	225	7:04:25
Blankenstein	17.60	1:54:33	6:30	59	41:04	208	50:49	168.97	18:32:33	6:35	65	6:37:37	223	7:54:11