



21. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 22.06.2019

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Team Wristler Original

□□□: 14:10:09

□□: 219

□□: 11.86 km/h

□□□□: 5:02 min/km

□□: 168.97 km

Hörschel-Blankenstein

□□□□□: 44 (of 225)

□□□□□□: 10:38:22

□□□□:

□□□□□: 34(of 147)

Männerstaffel

□□□□□□□: 10:38:22

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hohe Sonne	15.02	1:14:07	4:56	55	22:10	79	22:10	15.02	1:14:07	4:56	55	22:10	79	22:10
Kleiner Inselfber	18.94	1:47:22	5:40	86	31:10	117	31:10	33.96	3:01:29	5:20	65	51:48	90	51:48
Neue Ausspanne	13.90	1:07:38	4:51	39	20:24	45	20:24	47.86	4:09:07	5:12	49	1:12:12	63	1:12:12
Grenzdler	13.68	1:07:53	4:57	37	14:50	43	14:50	61.54	5:17:00	5:09	37	1:27:02	49	1:27:02
Allzunah	19.96	1:30:59	4:33	33	16:58	40	18:32	81.50	6:47:59	5:00	31	1:39:51	39	1:39:51
Masserberg	17.89	1:46:01	5:55	105	40:10	139	43:04	99.39	8:34:00	5:10	41	2:18:00	54	2:18:00
Neuhaus	19.86	1:31:11	4:35	17	15:23	23	20:49	119.25	10:05:11	5:04	34	2:25:58	45	2:25:58
Schildwiese	13.54	1:23:32	6:10	125	41:54	185	41:54	132.79	11:28:43	5:11	43	3:00:36	56	3:00:36
Grumbach	18.58	1:22:17	4:25	19	17:03	28	17:03	151.37	12:51:00	5:05	34	3:17:25	45	3:17:25
Blankenstein	17.60	1:19:09	4:29	30	15:25	36	15:25	168.97	14:10:09	5:01	34	3:31:47	44	3:31:47