



# 21. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 22.06.2019

□□□□

Team Eichsfeld II

□□□: 14:27:17

□□: 116

□□: 11.62 km/h

□□□□: 5:08 min/km

□□: 168.97 km

Hörschel-Blankenstein

□□□□□: 56 (of 225)

□□□□□□: 10:38:22

□□□□:

□□□□□: 44(of 147)

Männerstaffel

□□□□□□□: 10:38:22

□□□□

□□□□

□□□

□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hohe Sonne	15.02	1:19:59	5:19	96	28:02	136	28:02	15.02	1:19:59	5:19	96	28:02	136	28:02
Kleiner Inselsber	18.94	1:48:50	5:44	93	32:38	127	32:38	33.96	3:08:49	5:33	94	59:08	128	59:08
Neue Ausspanne	13.90	1:06:55	4:48	37	19:41	42	19:41	47.86	4:15:44	5:20	66	1:18:49	82	1:18:49
Grenzadler	13.68	1:10:58	5:11	52	17:55	62	17:55	61.54	5:26:42	5:18	52	1:36:44	66	1:36:44
Allzunah	19.96	1:34:10	4:43	45	20:09	55	21:43	81.50	7:00:52	5:09	43	1:52:44	56	1:52:44
Masserberg	17.89	1:32:08	5:08	46	26:17	58	29:11	99.39	8:33:00	5:09	40	2:17:00	53	2:17:00
Neuhaus	19.86	1:33:44	4:43	23	17:56	29	23:22	119.25	10:06:44	5:05	35	2:27:31	46	2:27:31
Schildwiese	13.54	1:03:36	4:41	33	21:58	38	21:58	132.79	11:10:20	5:02	31	2:42:13	39	2:42:13
Grumbach	18.58	1:49:40	5:54	124	44:26	178	44:26	151.37	13:00:00	5:09	43	3:26:25	54	3:26:25
Blankenstein	17.60	1:27:17	4:57	61	23:33	77	23:33	168.97	14:27:17	5:07	44	3:48:55	56	3:48:55