



21. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 22.06.2019

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Laufteam wta

□□□: 14:37:39

□□: 197

□□: 11.49 km/h
□□□□: 5:11 min/km

□□: 168.97 km
Hörschel-Blankenstein

□□□□□: 60 (of 225)

□□□□□□: 10:38:22

□□□□:
Männerstaffel

□□□□□: 47(of 147)

□□□□□□: 10:38:22

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hohe Sonne	15.02	1:14:57	4:59	63	23:00	88	23:00	15.02	1:14:57	4:59	63	23:00	88	23:00
Kleiner Inselsber	18.94	1:50:45	5:50	104	34:33	140	34:33	33.96	3:05:42	5:28	80	56:01	113	56:01
Neue Ausspanne	13.90	1:31:27	6:34	134	44:13	198	44:13	47.86	4:37:09	5:47	124	1:40:14	169	1:40:14
Grenzadler	13.68	1:21:01	5:55	104	27:58	142	27:58	61.54	5:58:10	5:49	125	2:08:12	163	2:08:12
Allzunah	19.96	1:16:19	3:49	3	2:18	5	3:52	81.50	7:14:29	5:19	70	2:06:21	85	2:06:21
Masserberg	17.89	1:26:31	4:50	32	20:40	39	23:34	99.39	8:41:00	5:14	49	2:25:00	62	2:25:00
Neuhaus	19.86	1:43:31	5:12	61	27:43	87	33:09	119.25	10:24:31	5:14	51	2:45:18	64	2:45:18
Schildwiese	13.54	1:06:05	4:52	40	24:27	49	24:27	132.79	11:30:36	5:12	45	3:02:29	58	3:02:29
Grumbach	18.58	1:38:07	5:16	91	32:53	120	32:53	151.37	13:08:43	5:12	50	3:35:08	64	3:35:08
Blankenstein	17.60	1:28:56	5:03	67	25:12	85	25:12	168.97	14:37:39	5:11	47	3:59:17	60	3:59:17