



21. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 22.06.2019

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Hainich Wildkatzen

□□□: 11:54:08

□□: 106

□□: 14.12 km/h
□□□□: 4:14 min/km

□□: 168.97 km
Hörschel-Blankenstein

□□□□□: 6 (of 225)
□□□□□□: 10:38:22

□□□□:
Männerstaffel

□□□□□: 6(of 147)
□□□□□□□: 10:38:22

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hohe Sonne	15.02	58:15	3:52	5	6:18	5	6:18	15.02	58:15	3:52	5	6:18	5	6:18
Kleiner Inselsber	18.94	1:27:30	4:37	9	11:18	13	11:18	33.96	2:25:45	4:17	7	16:04	7	16:04
Neue Ausspanne	13.90	53:48	3:52	5	6:34	5	6:34	47.86	3:19:33	4:10	6	22:38	6	22:38
Grenzadler	13.68	54:09	3:57	3	1:06	3	1:06	61.54	4:13:42	4:07	5	23:44	5	23:44
Allzunah	19.96	1:38:59	4:57	63	24:58	81	26:32	81.50	5:52:41	4:19	8	44:33	8	44:33
Masserberg	17.89	1:17:19	4:19	14	11:28	18	14:22	99.39	7:10:00	4:19	9	54:00	9	54:00
Neuhaus	19.86	1:25:58	4:19	9	10:10	12	15:36	119.25	8:35:58	4:19	9	56:45	10	56:45
Schildwiese	13.54	55:21	4:05	10	13:43	10	13:43	132.79	9:31:19	4:18	9	1:03:12	10	1:03:12
Grumbach	18.58	1:13:46	3:58	6	8:32	7	8:32	151.37	10:45:05	4:15	8	1:11:30	9	1:11:30
Blankenstein	17.60	1:09:03	3:55	7	5:19	7	5:19	168.97	11:54:08	4:13	6	1:15:46	6	1:15:46