



RENNSThike WORLD CHAMPIONSHIP  
Moorgrund OT Gumpelstadt / 04.05.2019-05.05.2019

□□□□

Führer, Ralf

□□□: 7:16:30

□□: Lünen

□□: 5.92 km/h

□□: 4018

□□: 43.10 km

□□□□□/□□□: 13 (of 76)

Ahorn-Marsch

□□□□□/□: 8 (of 44)

□□□□□□: 6:24:09

□□□□:

□□□□□: 8(of 44)

Männer

□□□□□□□: 6:24:09

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□	□□□ □□	□□□ km/h	□□ -	□□ -	□□ □	□□ □
Bad Tabarz	5.00	45:15	6.63	9	4:40	9	4:40	5.00	45:15	6.63	9	4:40	9	4:40
Großer Inselsber	5.10	1:02:02	4.93	6	7:41	6	7:41	10.10	1:47:17	5.65	9	12:16	9	12:16
Dreiherrnstein	4.90	56:30	5.20	15	13:42	15	13:42	15.00	2:43:47	5.50	9	25:58	9	25:58
Hubertushaus	8.80	1:29:13	5.92	5	4:11	5	4:11	23.80	4:13:00	5.64	3	14:19	3	14:19
Hohe Sonne	4.70	42:11	6.69	8	3:06	8	3:06	28.50	4:55:11	5.79	9	39:02	9	39:02
Altenberger See	3.30	32:44	6.05	5	3:18	5	3:18	31.80	5:27:55	5.82	8	42:20	8	42:20
Möhra	7.40	1:08:32	6.48	6	49:07	6	49:07	39.20	6:36:27	5.93	8	49:19	8	49:19
□□	3.90	40:03	5.84	11	3:56	11	3:56	43.10	7:16:30	5.92	8	52:21	8	52:21