



13. thüringenULTRA
Fröttstädt / 06.07.2019

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Martin, Peter

□□: FC St. Pauli Marathon
□□: 257

□□: 100.22 km
100 Kilometer

□□□□:
Senioren M50 (50-54 Jahre)

□□□: 13:20:16

□□: 7.51 km/h
□□□□: 7:59 min/km

□□□□□/□□□: 108 (of 246)

□□□□□/□: 97 (of 211)

□□□□□□: 8:32:51

□□□□□: 17(of 43)

□□□□□□□: 10:38:25

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□□□□

□□□

| □□□ | □□ km | □□ □□ | □□ min/km | □□ - | □□ - | □□ □ | □□ □ | □□□ | □□□ | □□□ | □□ - | □□ - | □□ □ | □□ □ |
|------------------|----------|----------|--------------|---------|---------|---------|---------|--------|----------|------|---------|---------|---------|---------|
| Glasbachwiese | 27.39 | 3:39:12 | 8:00 | 36 | 1:02:34 | 158 | 1:17:26 | 27.39 | 3:39:12 | 8:00 | 36 | 1:02:34 | 158 | 1:17:26 |
| Floh-Seligenthal | 27.74 | 3:27:23 | 7:28 | 22 | 43:44 | 114 | 1:05:10 | 55.13 | 7:06:35 | 7:44 | 27 | 1:46:18 | 136 | 2:39:14 |
| Finsterbergen | 22.03 | 3:04:52 | 8:23 | 15 | 31:18 | 79 | 1:07:25 | 77.16 | 10:11:27 | 7:55 | 22 | 2:10:50 | 117 | 3:42:27 |
| Fröttstädt | 23.06 | 3:08:49 | 8:11 | 12 | 31:34 | 63 | 1:10:42 | 100.22 | 13:20:16 | 7:59 | 17 | 2:41:51 | 97 | 4:47:25 |