



13. thüringenULTRA
Fröttstädt / 06.07.2019

0000

Melzer, Ines

00: Jessen

00: 243

00: 100.22 km

100 Kilometer

0000:

Seniorinnen W45 (45-49 Jahre)

000: 12:22:02

00: 8.10 km/h

0000: 7:24 min/km

00000/000: 70 (of 246)

00000/0: 4 (of 35)

000000: 11:06:18

00000: 2(of 11)

0000000: 11:38:08

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000

000	00 km	00 00	00 min/km	00 -	00 -	00 0	00 0	000 km	000 00	000 min/km	00 -	00 -	00 0	00 0
Glasbachwiese	27.39	3:13:52	7:04	2	17:34	7	17:34	27.39	3:13:52	7:04	2	17:34	7	17:34
Floh-Seligenthal	27.74	3:10:40	6:52	3	18:14	5	18:14	55.13	6:24:32	6:58	2	35:48	7	35:48
Finsterbergen	22.03	3:06:13	8:27	3	19:59	9	31:25	77.16	9:30:45	7:23	3	55:47	8	1:00:59
Fröttstädt	23.06	2:51:17	7:25	1	-	3	14:45	100.22	12:22:02	7:24	2	43:54	4	1:15:44