



□□□□

Spencer, Rob

□□□: 50:25.58

□□: 109

Day1

□□□□□: 114 (of 141)

□□□□□□: 31:48.88

□□□□:

□□□□□: 31(of 40)

MEN40

□□□□□□□: 34:38.84

□□□□

□□□□

□□□

□□□	□□	□□	□□	□□	□□	□□□	□□	□□	□□	□□
	□□	-	-	□□□	□□□	□□	-	-	□□□	□□□
Stage 1	8:46.09	34	2:00.23	123	2:25.14	8:46.09	34	2:00.23	123	2:25.14
Stage 2	7:22.02	33	2:28.82	123	2:54.52	16:08.11	35	4:27.83	123	5:19.66
Stage 3	7:40.86	32	2:18.16	119	2:45.34	23:48.97	34	6:43.24	124	7:57.70
Stage 4	4:28.19	27	0:53.45	109	1:04.43	28:17.16	32	7:33.37	121	9:02.13
Stage 5	6:14.51	32	2:15.20	120	2:34.20	34:31.67	32	9:48.57	120	11:29.85
Stage 6	8:58.50	32	3:12.60	111	3:41.84	43:30.17	33	13:01.17	116	15:01.48
Stage 7	6:55.41	28	2:46.06	114	3:35.22	50:25.58	31	15:46.74	114	18:36.70