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Day, John

□□□: 40:39.52

□□: 90

Day1

□□□□□: 72 (of 141)

□□□□□□: 31:48.88

□□□□:

□□□□□: 34(of 53)

MEN30

□□□□□□□: 32:36.96

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Stage 1	7:39.50	32	1:02.00	77	1:18.55	7:39.50	32	1:02.00	77	1:18.55
Stage 2	5:46.35	36	1:10.56	80	1:18.85	13:25.85	34	2:12.56	75	2:37.40
Stage 3	6:22.46	32	1:20.69	78	1:26.94	19:48.31	35	3:33.25	77	3:57.04
Stage 4	4:03.94	35	0:39.48	76	0:40.18	23:52.25	34	4:12.73	75	4:37.22
Stage 5	4:55.26	35	1:07.82	81	1:14.95	28:47.51	35	5:20.55	77	5:45.69
Stage 6	7:16.56	38	1:46.06	84	1:59.90	36:04.07	36	7:06.21	78	7:35.38
Stage 7	4:35.45	20	0:56.35	45	1:15.26	40:39.52	34	8:02.56	72	8:50.64