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Puyol, Alfonso

□□□: 31:29.41

□□: 51

Day3

□□□□□: 106 (of 141)

□□□□□□: 18:44.33

□□□□:

□□□□□: 42(of 53)

MEN30

□□□□□□□: 19:26.73

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| | □□ | - | - | □□□ | □□□ | □□ | - | - | □□□ | □□□ |
| Stage 1 | 7:49.10 | 43 | 2:59.31 | 105 | 3:03.19 | 7:49.10 | 43 | 2:59.31 | 105 | 3:03.19 |
| Stage 2 | 10:50.79 | 44 | 3:58.21 | 110 | 4:19.31 | 18:39.89 | 42 | 6:46.83 | 106 | 7:22.50 |
| Stage 3 | 5:12.43 | 42 | 1:38.87 | 102 | 1:45.93 | 23:52.32 | 40 | 8:25.70 | 102 | 9:04.14 |
| Stage 4 | 7:37.09 | 48 | 3:36.98 | 121 | 3:41.09 | 31:29.41 | 42 | 12:02.68 | 106 | 12:45.08 |