



2. Lüneburger Heidelauf

Lüneburg / 15.06.2019

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Dobrick, Mathias

□□: Team Erdinger Alkoholfrei

□□: 15

□□: 100.00 km

Ultra-Marathon

□□□□:

Senioren M45 (45-49 Jahre)

□□□□□/□□□: DNF (of 92)

□□□□□/□: DNF (of 69)

□□□□□□: 8:30:22

□□□□□: DNF(of 20)

□□□□□□□: 9:22:55

□□□□

□□□□

□□□

| □□□ | □□ km | □□ □□ | □□ min/km | □□ - | □□ - | □□ □ | □□ □ | □□□ | □□□ km | □□□ □□ | □□□ min/km | □□ - | □□ - | □□ □ | □□ □ |
|----------------|----------|----------|--------------|---------|---------|---------|---------|--------|-----------|-----------|---------------|---------|---------|---------|---------|
| Südergellersen | 10.30 | 1:03:17 | 6:08 | 10 | 7:52 | 32 | 7:52 | 10.30 | 1:03:17 | 6:08 | 10 | 7:52 | 32 | 7:52 | |
| Amelinghausen | 13.80 | 1:28:38 | 6:25 | 16 | 22:24 | 41 | 27:22 | 24.10 | 2:31:55 | 6:18 | 15 | 19:59 | 40 | 28:29 | |
| Schwindebeck | 9.40 | 1:13:49 | 7:51 | 16 | 27:38 | 52 | 30:44 | 33.50 | 3:45:44 | 6:44 | 17 | 46:43 | 47 | 54:19 | |
| Bispingen | 8.90 | fehlt! | - | - | - | - | - | 42.40 | - | - | - | - | - | - | |
| Overhaverbeck | 10.80 | fehlt! | - | - | - | - | - | 53.20 | - | - | - | - | - | - | |
| Undeloh | 6.90 | fehlt! | - | - | - | - | - | 60.10 | - | - | - | - | - | - | |
| Egestorf | 9.20 | fehlt! | - | - | - | - | - | 69.30 | - | - | - | - | - | - | |
| Salzhausen | 10.70 | fehlt! | - | - | - | - | - | 80.00 | - | - | - | - | - | - | |
| Südergellersen | 10.90 | fehlt! | - | - | - | - | - | 90.90 | - | - | - | - | - | - | |
| Sülzwiesen | 9.10 | fehlt! | - | - | - | - | - | 100.00 | - | - | - | - | - | - | |