



2. Lüneburger Heidelauf

Lüneburg / 15.06.2019

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Münster, Markus

□□: TEA

□□: 67

□□: 100.00 km
Ultra-Marathon

□□□□:
Senioren M45 (45-49 Jahre)

□□□□□/□□□: DNF (of 92)

□□□□□/□: DNF (of 69)

□□□□□□: 8:30:22

□□□□□: DNF(of 20)

□□□□□□□: 9:22:55

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Südergellersen	10.30	1:24:36	8:12	20	29:11	68	29:11	10.30	1:24:36	8:12	20	29:11	68	29:11	
Amelinghausen	13.80	1:27:47	6:21	15	21:33	40	26:31	24.10	2:52:23	7:09	16	40:27	56	48:57	
Schwindebeck	9.40	1:22:08	8:44	17	35:57	58	39:03	33.50	4:14:31	7:35	18	1:15:30	63	1:23:06	
Bispingen	8.90	1:28:34	9:57	19	42:30	64	47:41	42.40	5:43:05	8:05	18	1:58:00	60	2:10:14	
Overhaverbeck	10.80	1:44:46	9:42	18	44:56	63	54:37	53.20	7:27:51	8:25	17	2:42:56	63	3:04:51	
Undeloh	6.90	fehlt!	-	-	-	-	-	60.10	-	-	-	-	-	-	
Egestorf	9.20	fehlt!	-	-	-	-	-	69.30	-	-	-	-	-	-	
Salzhausen	10.70	fehlt!	-	-	-	-	-	80.00	-	-	-	-	-	-	
Südergellersen	10.90	fehlt!	-	-	-	-	-	90.90	-	-	-	-	-	-	
Sülzwiesen	9.10	fehlt!	-	-	-	-	-	100.00	-	-	-	-	-	-	