



2. Lüneburger Heidelauf Lüneburg / 15.06.2019

□□□□

Rodda, Matthew

□□: -

□□: 91

□□: 100.00 km

Ultra-Marathon

□□□□:

Senioren M35 (35-39 Jahre)

□□□□□/□□□: DNF (of 92)

□□□□□/□: DNF (of 69)

□□□□□□: 8:30:22

□□□□□: DNF(of 5)

□□□□□□□: 9:39:17

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Südergellersen	10.30	1:02:21	6:03	3	3:21	28	6:56	10.30	1:02:21	6:03	3	3:21	28	6:56	
Amelinghausen	13.80	1:27:16	6:19	4	11:06	39	26:00	24.10	2:29:37	6:12	3	13:15	35	26:11	
Schwindebeck	9.40	1:08:48	7:19	4	17:42	45	25:43	33.50	3:38:25	6:31	4	30:50	44	47:00	
Bispingen	8.90	1:13:21	8:14	5	25:39	53	32:28	42.40	4:51:46	6:52	4	56:29	44	1:18:55	
Overhaverbeck	10.80	1:31:35	8:28	3	29:20	44	41:26	53.20	6:23:21	7:12	4	1:25:49	49	2:00:21	
Undeloh	6.90	1:08:48	9:58	5	26:21	61	35:30	60.10	7:32:09	7:31	4	1:52:10	49	2:35:51	
Egestorf	9.20	1:23:30	9:04	3	28:04	47	35:43	69.30	8:55:39	7:43	3	2:20:14	48	3:11:34	
Salzhausen	10.70	1:39:03	9:15	3	34:08	44	41:43	80.00	10:34:42	7:56	3	2:54:22	45	3:51:15	
Südergellersen	10.90	fehlt!	-	-	-	-	-	90.90	-	-	-	-	-	-	
Sülzwiesen	9.10	fehlt!	-	-	-	-	-	100.00	-	-	-	-	-	-	