



2. Lüneburger Heidelauf

Lüneburg / 15.06.2019

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Hanfler, Sven

□□: Berlin-Friedrichsfelde

□□: 130

□□: 100.00 km

Ultra-Marathon

□□□□:

Senioren M45 (45-49 Jahre)

□□□□□/□□□: DNF (of 92)

□□□□□/□: DNF (of 69)

□□□□□□: 8:30:22

□□□□□: DNF(of 20)

□□□□□□□: 9:22:55

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Südergellersen	10.30	1:18:45	7:38	18	23:20	63	23:20	10.30	1:18:45	7:38	18	23:20	63	23:20
Amelinghausen	13.80	1:45:35	7:39	17	39:21	58	44:19	24.10	3:04:20	7:38	17	52:24	58	1:00:54
Schwindebeck	9.40	1:13:48	7:51	15	27:37	51	30:43	33.50	4:18:08	7:42	19	1:19:07	64	1:26:43
Bispingen	8.90	1:24:03	9:26	18	37:59	63	43:10	42.40	5:42:11	8:04	17	1:57:06	59	2:09:20
Overhaverbeck	10.80	1:53:10	10:28	19	53:20	65	1:03:01	53.20	7:35:21	8:33	18	2:50:26	64	3:12:21
Undeloh	6.90	1:03:39	9:13	16	24:57	56	30:21	60.10	8:39:00	8:38	17	3:15:23	61	3:42:42
Egestorf	9.20	1:32:17	10:01	17	37:55	61	44:30	69.30	10:11:17	8:49	17	3:53:18	60	4:27:12
Salzhausen	10.70	fehlt!	-	-	-	-	-	80.00	-	-	-	-	-	-
Südergellersen	10.90	fehlt!	-	-	-	-	-	90.90	-	-	-	-	-	-
Sülzwiesen	9.10	fehlt!	-	-	-	-	-	100.00	-	-	-	-	-	-