



24. Weinberg-OL
Wörrstadt / 16.06.2019

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Roth, Alexander

□□: TGM Budenheim

□□□: 1:20:14

□□□□: 7:45 min/km

□□: 10.34 km / 16 □□

□□□□:
MTBO

□□□□□: 2(of 3)

□□□□□□□: 1:16:33

□□: 3:41

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	□□	-	-	%	□□	-	-	%
1 (112)	3:28	1	-	-	3:28	1	-	-
2 (117)	14:26	2	5:24	59.8	17:54	2	5:20	42.4
3 (119)	5:14	1	-	-	23:08	2	4:16	22.6
4 (121)	2:38	1	-	-	25:46	2	4:01	18.5
5 (128)	3:09	1	-	-	28:55	2	3:52	15.4
6 (109)	7:22	2	0:21	5.0	36:17	2	4:13	13.2
7 (124)	8:43	1	-	-	45:00	2	3:36	8.7
8 (130)	2:22	1	-	-	47:22	2	1:54	4.2
9 (129)	10:33	2	2:43	34.7	57:55	2	4:37	8.7
10 (127)	2:35	1	-	-	1:00:30	2	4:24	7.8
11 (108)	6:49	1	-	-	1:07:19	2	4:11	6.6
12 (126)	5:07	2	0:03	1.0	1:12:26	2	4:14	6.2
13 (131)	2:37	1	-	-	1:15:03	2	4:11	5.9
14 (113)	1:57	2	0:19	19.4	1:17:00	2	4:30	6.2
15 (107)	1:22	1	-	-	1:18:22	2	3:58	5.3
16 (100)	1:22	1	-	-	1:19:44	2	3:44	4.9
□□	0:30	1	-	-	1:20:14	2	3:41	4.8