



24. Weinberg-OL
Wörrstadt / 16.06.2019

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Kästner, Lisa

□□: TV Oberbexbach

□□□: 47:45

□□□□: 9:34 min/km

□□: 4.99 km / 11 □□

□□□□:

Damen -18

□□□□□: 4(of 6)

□□□□□□□: 41:23

□□: 6:22

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□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (105)	2:54	3	0:45	34.9	2:54	3	0:45	34.9
2 (103)	3:58	4	0:54	29.4	6:52	4	1:39	31.6
3 (101)	1:45	3	0:15	16.7	8:37	4	1:38	23.4
4 (111)	5:37	4	1:42	43.4	14:14	4	2:44	23.8
5 (125)	2:33	3	0:55	56.1	16:47	4	3:19	24.6
6 (128)	5:31	2	0:10	3.1	22:18	4	3:07	16.3
7 (132)	10:38	4	2:00	23.2	32:56	4	4:48	17.1
8 (123)	4:42	3	0:21	8.1	37:38	4	4:27	13.4
9 (114)	3:32	4	0:51	31.7	41:10	4	5:18	14.8
10 (118)	3:50	4	0:21	10.1	45:00	4	5:39	14.4
11 (100)	1:52	5	0:41	57.8	46:52	4	6:14	15.3
□□	0:53	4	0:18	51.4	47:45	4	6:22	15.4