



24. Weinberg-OL  
Wörrstadt / 16.06.2019

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Hinkel, Lena

□□: OLV Steinberg

□□□: 1:24:34

□□□□: 10:24 min/km

□□: 8.12 km / 16 □□

□□□□:

Damen 19-

□□□□□: 4(of 4)

□□□□□□□: 1:11:52

□□: 12:42

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□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (109)	7:34	2	0:16	3.7	7:34	2	0:16	3.7
2 (111)	3:18	4	0:42	26.9	10:52	3	0:37	6.0
3 (128)	6:30	3	0:40	11.4	17:22	3	1:17	8.0
4 (127)	2:21	3	0:29	25.9	19:43	3	1:39	9.1
5 (119)	6:53	4	0:45	12.2	26:36	3	2:24	9.9
6 (117)	6:46	3	2:16	50.4	33:22	3	4:40	16.3
7 (126)	10:00	4	3:07	45.3	43:22	3	7:47	21.9
8 (118)	9:39	2	1:01	11.8	53:01	3	8:48	19.9
9 (106)	2:25	4	0:25	20.8	55:26	3	9:05	19.6
10 (114)	4:20	3	0:31	13.5	59:46	3	9:19	18.5
11 (104)	7:02	4	1:08	19.2	1:06:48	4	9:45	17.1
12 (103)	3:17	1	-	-	1:10:05	4	9:45	16.2
13 (102)	5:18	4	1:37	43.9	1:15:23	4	11:22	17.8
14 (113)	4:48	3	0:51	21.5	1:20:11	4	12:13	18.0
15 (107)	1:36	3	0:11	12.9	1:21:47	4	12:24	17.9
16 (100)	1:50	3	0:17	18.3	1:23:37	4	12:41	17.9
□□	0:57	4	0:10	21.3	1:24:34	4	12:42	17.7