



24. Weinberg-OL
Wörrstadt / 16.06.2019

□□□□

Knobloch, Katharina

□□: OLV Steinberg

□□□: 1:03:10

□□□□: 12:39 min/km

□□: 4.99 km / 11 □□

□□□□:

Damen 45-

□□□□□: 4(of 8)

□□□□□□□: 51:13

□□: 11:57

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□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (105)	5:09	5	2:41	108.8	5:09	5	2:41	108.8
2 (103)	5:42	5	1:58	52.7	10:51	5	4:39	75.0
3 (101)	2:08	5	0:20	18.5	12:59	5	4:46	58.0
4 (111)	5:33	4	0:33	11.0	18:32	4	5:19	40.2
5 (125)	2:32	5	0:27	21.6	21:04	4	5:30	35.3
6 (128)	7:54	5	1:42	27.4	28:58	5	6:12	27.2
7 (132)	13:34	4	1:58	17.0	42:32	4	7:48	22.5
8 (123)	7:37	4	1:41	28.4	50:09	4	9:18	22.8
9 (114)	4:52	5	1:22	39.1	55:01	4	10:40	24.1
10 (118)	5:19	4	0:48	17.7	1:00:20	4	11:28	23.5
11 (100)	1:41	3	0:11	12.2	1:02:01	4	11:39	23.1
□□	1:09	6	0:25	56.8	1:03:10	4	11:57	23.3