



24. Weinberg-OL  
Wörrstadt / 16.06.2019

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Girke, Jakob

□□: (ohne Verein)

□□□: 59:54

□□□□: 24:57 min/km

□□: 2.40 km / 10 □□

□□□□:

Herren -12

□□□□□: 7(of 9)

□□□□□□□: 23:19

□□: 36:35

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□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (102)	7:44	6	4:12	118.9	7:44	6	4:12	118.9
2 (101)	2:53	7	1:21	88.0	10:37	6	5:12	96.0
3 (104)	10:21	5	6:44	186.2	20:58	6	11:47	128.3
4 (132)	17:28	8	15:19	712.4	38:26	7	26:37	225.3
5 (131)	2:05	1	-	-	40:31	7	26:32	189.8
6 (114)	1:23	3	0:15	22.1	41:54	7	26:47	177.2
7 (113)	3:22	4	0:59	41.3	45:16	7	27:46	158.7
8 (107)	3:53	7	2:16	140.2	49:09	7	30:02	157.1
9 (118)	5:12	7	3:03	141.9	54:21	7	33:05	155.6
10 (100)	4:26	7	3:01	212.9	58:47	7	36:06	159.2
□□	1:07	8	0:32	91.4	59:54	7	36:35	156.9