



24. Weinberg-OL  
Wörrstadt / 16.06.2019

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Crummenauer, Lucas

□□: TGM Budenheim

□□□: 1:14:26

□□□□: 31:00 min/km

□□: 2.40 km / 10 □□

□□□□:

Herren -12

□□□□□: 8(of 9)

□□□□□□□: 23:19

□□: 51:07

□□□□

□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (102)	8:31	7	4:59	141.0	8:31	7	4:59	141.0
2 (101)	9:35	8	8:03	525.0	18:06	7	12:41	234.2
3 (104)	14:26	7	10:49	299.1	32:32	8	23:21	254.3
4 (132)	6:05	5	3:56	183.0	38:37	8	26:48	226.8
5 (131)	5:49	8	3:44	179.2	44:26	8	30:27	217.8
6 (114)	3:19	8	2:11	192.7	47:45	8	32:38	215.9
7 (113)	6:01	6	3:38	152.5	53:46	8	36:16	207.2
8 (107)	7:19	8	5:42	352.6	1:01:05	8	41:58	219.5
9 (118)	6:55	8	4:46	221.7	1:08:00	8	46:44	219.8
10 (100)	5:33	8	4:08	291.8	1:13:33	8	50:52	224.3
□□	0:53	6	0:18	51.4	1:14:26	8	51:07	219.2